THROUGH PEER-TO-PEER SUPPORT:



We talk with you, in full privacy; we never disclose your identity.



We listen attentively to your concerns and feelings



We do NOT judge you or place any shame.



We are a source of information—we often refer and connect callers to other relevant resources.

You are not alone.

24-hour Hotlines

In case you need immediate support, 24/7

National Domestic Violence
Hotline
800.799.7233
Rape, Abuse and Incest
National Network
800.662.4357

Suicide & Crisis Lifeline 988 or 800.662.4357



contact@sikhfamilycenter.org sikhfamilycenter.org @SikhFamilyCenter

755 Herndon Ave, Suite 250, #101, Clovis CA 93612



Sikh Family Center has a non-emergency Nationwide Helpline

> 866.SFC.SEWA 866.732.7392

free | private | punjabi + english culturally responsive peer support

Trained peer-counselors respond within 48 hours



3 Program Areas:

INTERVENTION SERVICES

We support community members facing threats to their health, safety, and/or security. The Helpline is the cornerstone of this program.

PREVENTION EDUCATION

We create and disseminate community-centered bilingual resources and programming, to change social & cultural conditions that allow violence to occur in the first place.

OUTREACH & TRAINING

We offer training and technical assistance to Sikh and non-Sikh organizations at the intersections of faith, gendered violence and community-based solutions.

Sikhs are a diverse often visibly distinct community in the U.S.-- ask us anything regarding Sikh practice/beliefs/sensitivities or other questions that may arise in your work.

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1 in 4 Sikh women

1 in 10 Sikh men

report facing family violence at some point in their lives.*

*Statistics from Sikh Family Center National Needs Assessment Survey, 2017



The health of any nation begins in the homes of its people

OUR FOCUS INCLUDES SUPPORTING:

- domestic violence and sexual assault survivors
- friends seeking to intervene safely
- adults and children impacted by intergenerational trauma
- community leaders seeking to make a positive impact
- non-Sikh agencies working with diverse communities